

new
roots
herbal®

Natural FACTS

JULY 16 TO SEPTEMBER 15 2005

THE NATURAL WAY TO CURE AND PROTECT AGAINST YEAST INFECTIONS



At some point in life, nearly every woman will experience a vaginal infection. The type and frequency at which they occur depend heavily on the health of the vagina. The typical treatment is short-term anti-biotic or antifungal therapy. While these treatments are generally effective, they do little to treat the underlying cause. Because of this, chronic, frequent recurrences are common. The key is to address the conditions which allow pathogenic bacteria and candida to flourish.

- Antibiotic-free
- Creates the ideal PH level
- Fast effective relief
- Cures Candida yeast infections
- Composed of friendly bacteria
- Eliminates recurrences
- Protects fallopian tubes and ovaries

Wild Omega-3

480mg EPA/240mg DHA

Molecularly distilled Norwegian fish oil
Pharmaceutical grade



- Sourced from wild anchovies and sardines
- Free from accumulation of environmental pollutants
- High dose EPA 480 / DHA 240 strength
- Meets full dose specifications
- Molecularly distilled Norwegian fish oil
- Pharmaceutical grade

Did You Know?

Farmed salmon has 10 times the amount of cancer causing PCB's. Wild salmon borders the limit of the allowable amounts. Sardines & anchovies are well below the allowable amount of PCB's. With the growing concern of cancer rates in North America, make sure yours is the right source.

Peace of Mind



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A healthy vagina is rich in lactic bacteria (commonly known as probiotics or acidophilus). Having large quantities of these "friendly flora" keeps this region moderately acidic (an ideal vaginal pH is less than 5.). This acidic environment forms a protective barrier against harmful bacteria, fungi and other pathogens. This acidic barrier is also critical in preventing destructive bacteria from reaching and infecting the fallopian

tubes and ovaries: A bacterial infection in these areas can lead to infertility.

As vital as the creation and maintenance of this protective barrier is, it can be weakened or rendered almost non-existent by any number of external influences: antibiotics and sulfonamides, contraceptives (both oral and topical), medicated douches, certain vaginal medications, and diabetes. If the balance of friendly flora is altered, the entire region is left almost defenseless against a host of invading pathogens.

In the past, a commonly recommended home treatment for vaginal infections was to apply yogurt directly into the vagina. While sound in theory, it has met with limited success: most conventional yogurt contains too few probiotics and too much added sugar to be of value. The use of highly concentrated specific probiotics applied deep into the vagina, confers multiple layers of protection for the entire vaginal region.

First, probiotics convert sugars into lactic acid, which restores a healthy, protective pH.

Second, lactic acid is the growth medium for lactic bacteria. This assists in the proliferation and re-colonization of friendly vaginal flora. Third, since candida feeds on sugar, its conversion into lactic bacteria effectively robs yeast of its growth medium and creates an inhospitable environment for it at the same time. Finally, probiotics actively suppress both pathogenic bacteria and candida albicans.

In a study conducted by the Department of Microbiology and Gynecology at the Prague University Hospital, 40 patients with vaginal infections were divided into two groups and given two different treatments. The first group was treated conventionally. The second was treated conventionally, but was also treated using a probiotic suppository. In the short term (5-6 weeks), both treatments were equally successful (95%). However, by 2-4 months after ending treatment, the differences became strikingly clear. The success rate of the conventional-only group slipped to 82%, while the group which included probiotic therapy remained absolutely unchanged at 95%.

A second study at the same hospital using a sample twice as large (80 patients) revealed near-identical results: 95-97% success rate at 5-6 weeks for both groups, and a significant drop 3-4 months after treatment in the conventional-only group (80%). As expected, the group given adjunctive probiotic treatment remained essentially unchanged at an impressive 95 %.

As we can see, probiotic supplementation is the deciding factor in preventing recurrent vaginal infections.

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Femina Flora is a specific combination of lactic bacteria, consisting of: *L. Rhamnosus B*, *L. Acidophilus*, *S. Thermophilus*, and *L. Bulgaricus*. It is highly concentrated, at a potency of 5 billion active cells per capsule. Its base consists of lactose (a milk sugar which feeds lactic bacteria) and vitamin C, which assists in acidifying the vagina as well as encouraging probiotic proliferation.

Please note: Because the lactose in Femina Flora does not enter the digestive tract, it does not affect those with lactose intolerance.



The suggested use is one capsule per night at bedtime inserted deep in the vagina for ten consecutive nights.

Regulate your Blood Sugar

The rate of diabetes in Canada is estimated to be 4.5% of the population and rising. Obesity contributes immensely due to the growing consumption and availability of fast foods. Blood Sugar Balance contains scientifically proven amounts of vitamins, micronutrients, nutraceuticals and herbs developed to help in the prevention of the onset of type 2 diabetes. Blood Sugar Balance is designed to arrest or delay ongoing immune destruction of the beta-cells. Nourish the processes to create coenzymes and cofactors for metabolic reactions and support basic cellular reactions involved in glycolysis, lipid and amino acid metabolism.



Heal Inflammation through digestion

With all of the summer's activity, use Infla-Heal to tend to your sore joints & muscles. Infla-Heal is a specific combination of digestive and anti-inflammatory enzymes with antioxidants and metabolic cofactors. It is extremely effective for the treatment of chronic and acute inflammation when taken between meals. Infla-Heal works synergistically to reduce the inflammation that causes soft tissue damage. The digestive enzymes in Infla-Heal aid the small intestines in the role of digesting fats, proteins and carbohydrates. Infla-Heal also helps maintain healthy intestines and reduces upset stomach due to certain foods.



Ah...finally relief!

Stops annoying urgency to urinate and lets you sleep all night



- Sleep without interruption
- 98% success rate
- Results in 3 days
- Eliminates frequent urination
- Increases urine flow
- Relieve benign prostatic hyperplasia

Proven natural extracts including Sterols, Pygeum, Saw Palmetto, Stinging Nettle, Rye Flower Pollen and many more selected ingredients designed for maximum prostate health.

